# Tuberculosis in Alaska 2002-2012

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#### **Objectives**

- TB control in Alaska
- Brief historical perspective
- Current epidemiology



#### TB Control in Alaska – Public Health

- Infectious Disease Program Anchorage
  - Physician, five nurse epidemiologists
  - Case oversight, assist with outbreak investigations, surveillance, consults, medications
- Public Health Nurses
  - Based throughout Alaska
  - Groundwork, contact investigations, drug administration, etc
- Public Health Laboratories
- Public Health Vaccine Depot

#### Brief History of TB in Alaska



#### The Scourge of Alaska

Tuberculosis Control - Library Copy 338 Denali Street, Room 301 Anchorage, AK 99501

The Decline of Tuberculosis in Alaska Since 1946, with The Discussion of the Present Control Program

Alaska Native population as the Alaska Native population, during the interval 1945-1960. Interpolating from the new case figures during the interval 1950 to 1960, and comparing this with population data, it can be calculated that during this interval about one of seven Alaska Natives had active tuberculosis and in the Non-Mative population about

one out 250 individuals was as

the Eskimos, Indians, and Aleuts of 600 per 100,000 population and a prevalence of active tuberculosis of 25 percent in some villages (1).

#### Alaska's No. 1 Enemy

TB Killed at Rate of 359 Persons per 100,000 Population in 1945 — Program of Education, Detection and Care Seeks to Lower This Figure

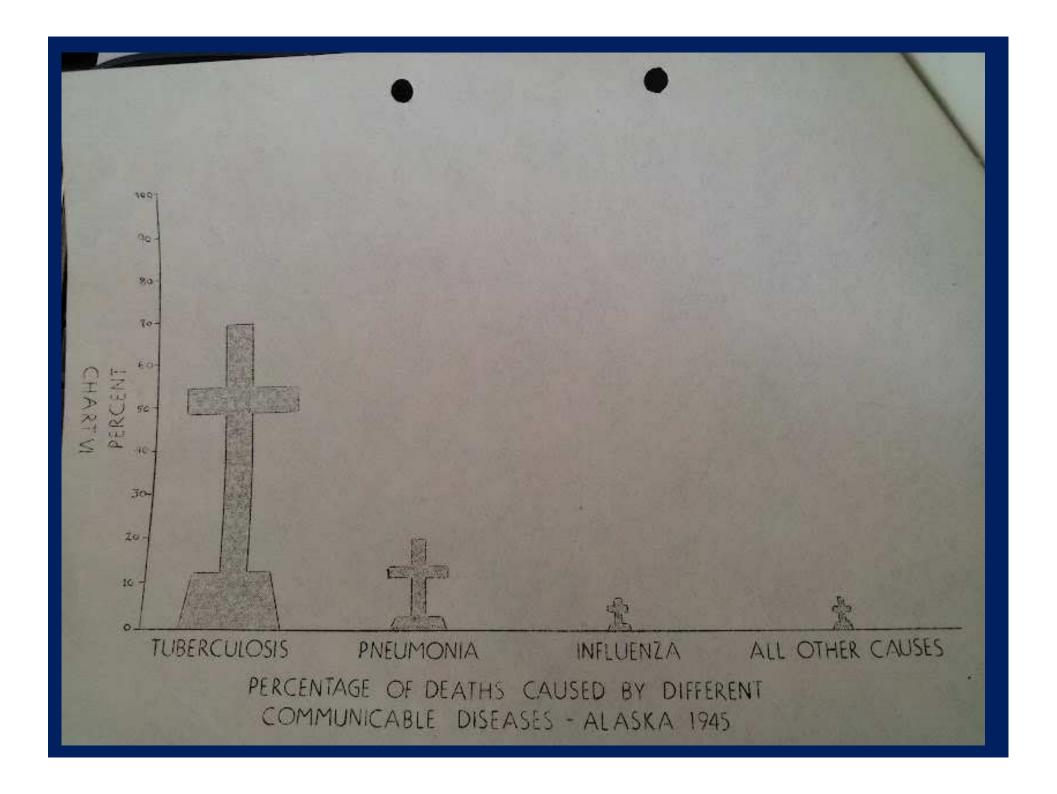
By LOIS M. JUND

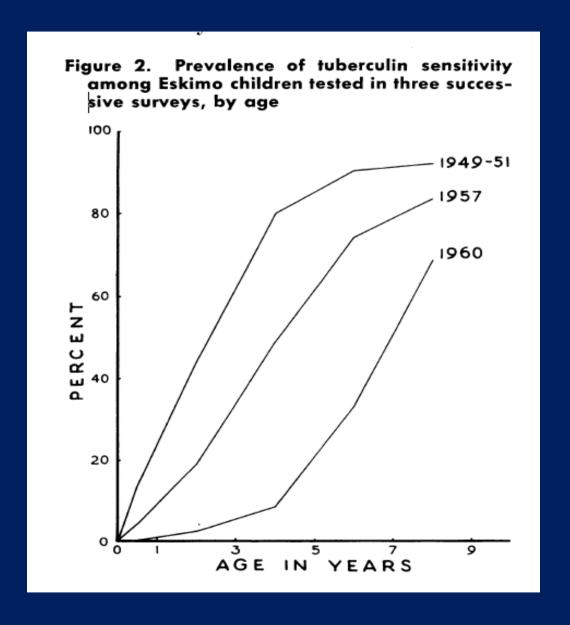
Robert T. Fraser, M. D.

The Decline of Tuberculosis In Alaska unrelated to Economic Or Environmental Change

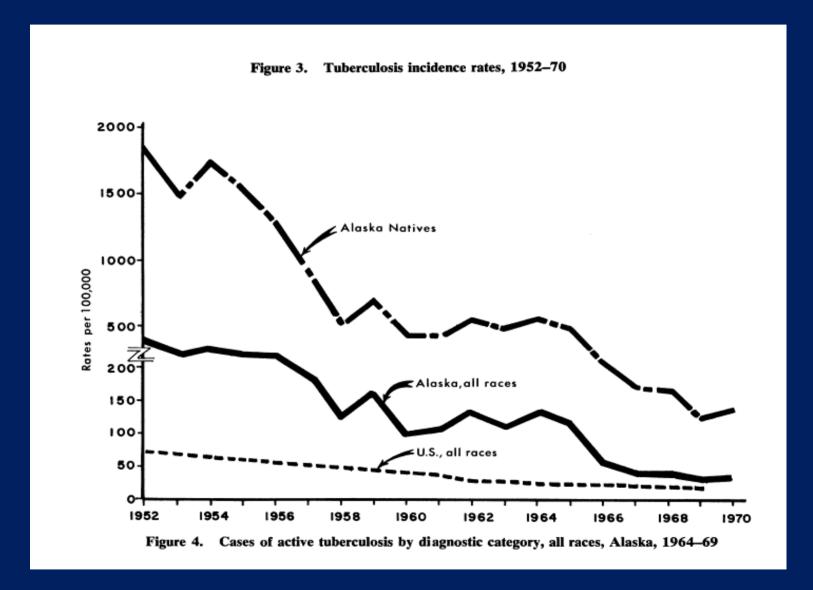
The disease, Tuberculosis, represents for Alaska a saga relatively unique in the annals of recorded medicine. The incidence of new cases of this disease and of death from this disease in the 1950's represents figures that were higher than any population group in the world.

Incidence in death figures have surpassed those of China and India and other underdeveloped nations. The last 20 years have witnessed dramatic changes in the effort

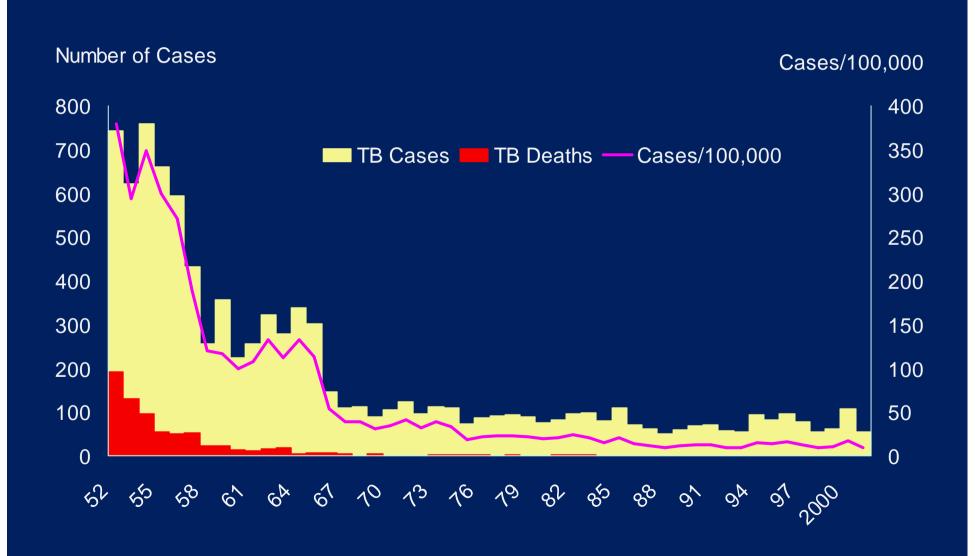




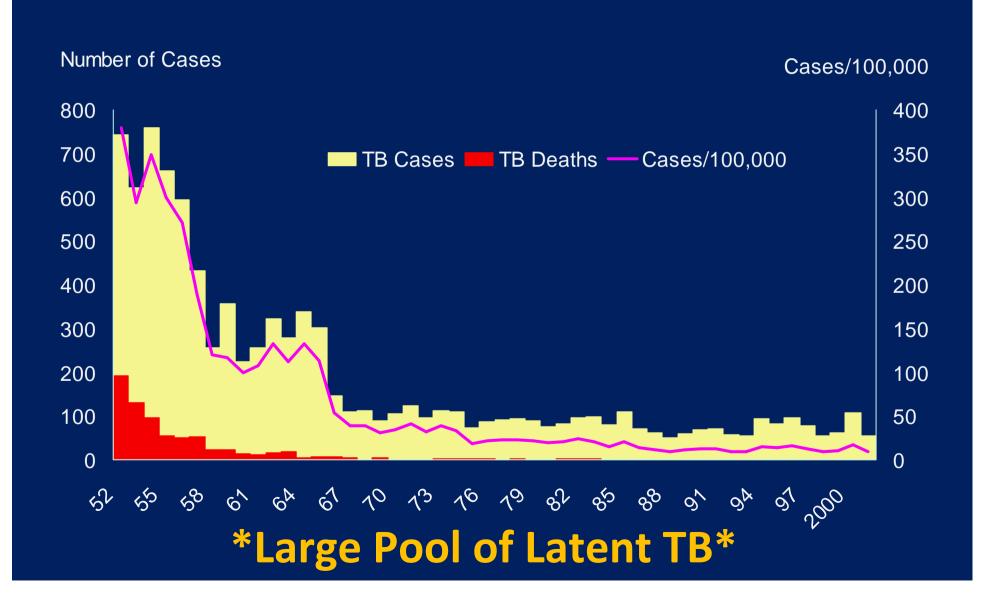
Comstock GW and Philip Public Health Rep. 1961 January; 76(1): 19–24, G. Comstock and R. Phlip



#### Alaska – Historical TB Rates



#### Alaska – Historical TB Rates



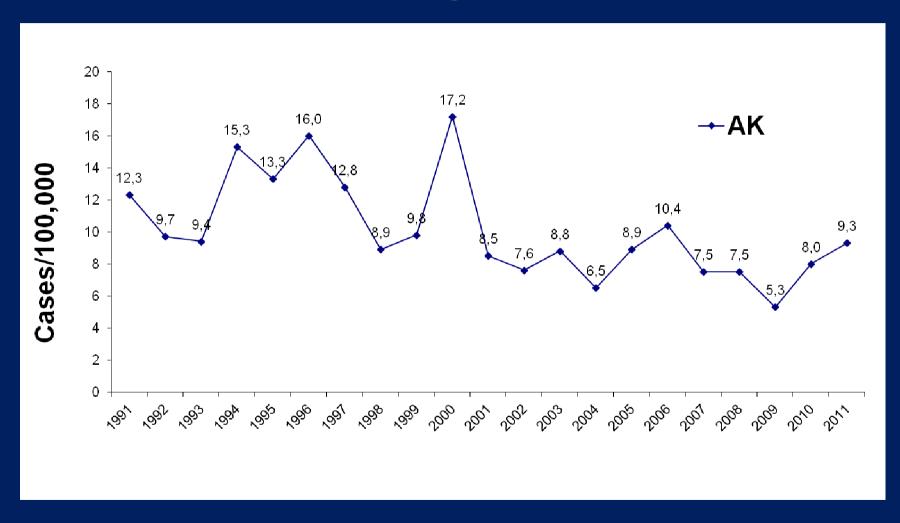
#### **Current Epidemiology**



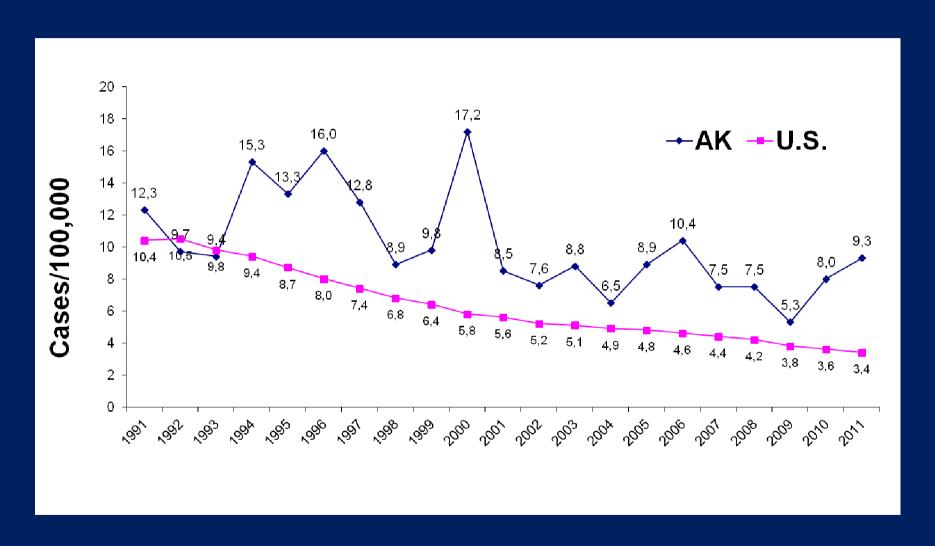
#### 2011 TB Cases/Rates – "Top" States

| State or District    | Number Cases | Incidence of TB | Population |
|----------------------|--------------|-----------------|------------|
| Alaska               | 67           | 9.3             | 722,718    |
| Hawaii               | 123          | 8.9             | 1,374,810  |
| District of Columbia | 55           | 7.1             | 617,996    |
| California           | 2,317        | 6.1             | 37,691,912 |
| Texas                | 1,325        | 5.2             | 25,674,681 |

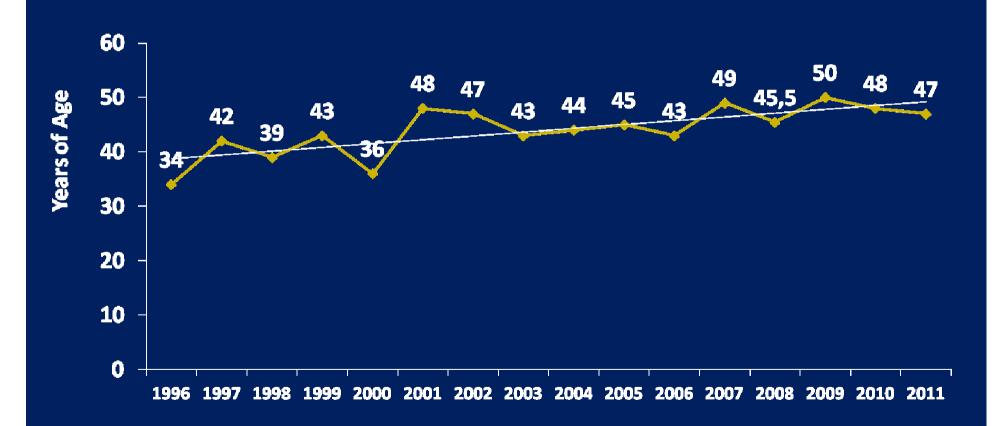
## Active TB Cases by year, Alaska, 1991-2011



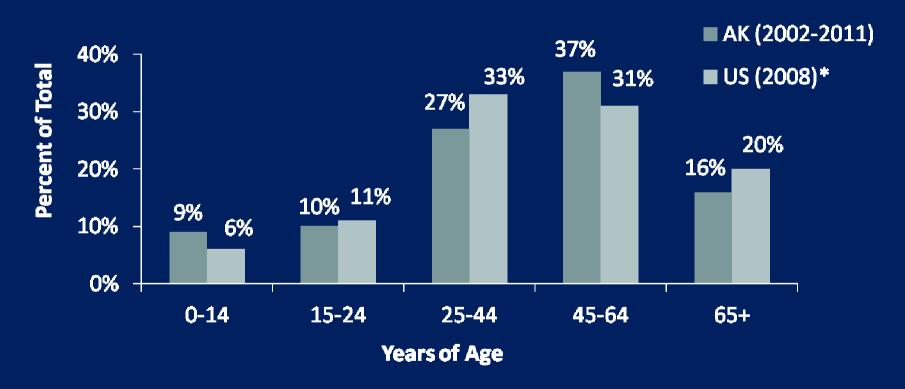
#### **TB Rates**



#### TB Cases, by Median Age, Alaska

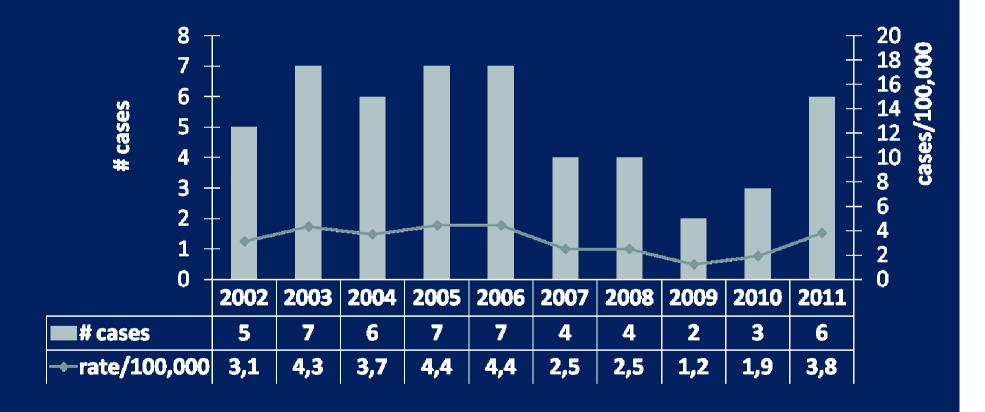


## TB Cases, by Age Group, Alaska and U.S.



\*CDC. Reported Tuberculosis in the United States, 2010. Atlanta, GA: U.S. Department of Health and Human Services, CDC, October 2011.

#### Pediatric TB in Alaska, 2002-2011



### Active TB Cases, by Race, Alaska

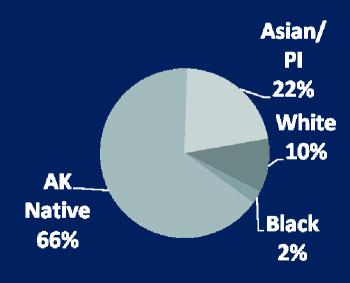
|                           | 20 | 02              | 20 | 03              | 20 | 04              | 20 | 005             | 20 | 006             | 20 | 007             | 20 | 008             | 20 | 009             | 20 | )10             | 20 | 011            |
|---------------------------|----|-----------------|----|-----------------|----|-----------------|----|-----------------|----|-----------------|----|-----------------|----|-----------------|----|-----------------|----|-----------------|----|----------------|
| Race                      |    | Cases /<br>Rate |    | Cases /<br>Rate |    | Cases /<br>Rate | (  | Cases /<br>Rate |    | Cases /<br>Rate |    | Cases /<br>Rate |    | Cases /<br>Rate |    | Cases /<br>Rate | (  | Cases /<br>Rate |    | Cases/<br>Rate |
| White                     | 7  | 1.5             | 4  | 0.8             | 3  | 0.6             | 8  | 1.7             | 6  | 1.2             | 9  | 1.8             | 5  | 1.0             | 2  | 0.4             | 5  | 1.2             | 7  | 1.5            |
| Black                     | 1  | 3.7             | 0  | 0.0             | 2  | 7.8             | 1  | 3.4             | 2  | 6.7             | 1  | 3.3             | 2  | 6.6             | 1  | 3.2             | 2  | 6.5             | 1  | 4.3            |
| Native                    | 24 | 21.5            | 41 | 36.0            | 30 | 25.9            | 30 | 25.4            | 50 | 41.8            | 32 | 26.3            | 33 | 27.0            | 25 | 20.1            | 41 | 33.0            | 47 | 37.8           |
| Asian/Pacific<br>Islander | 17 | 49.3            | 12 | 34.8            | 8  | 23.0            | 20 | 54.3            | 12 | 32.2            | 8  | 21.3            | 10 | 26.3            | 9  | 23.3            | 9  | 23.3            | 12 | 31.5           |
| Total                     | 49 | 7.6             | 57 | 8.8             | 43 | 6.5             | 59 | 8.9             | 70 | 10.4            | 50 | 7.4             | 50 | 7.3             | 37 | 5.3             | 57 | 8.0             | 67 | 9.3            |

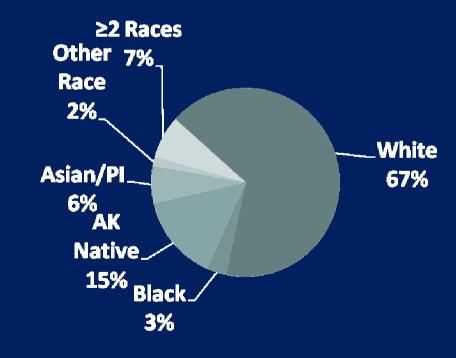
### Active TB Cases, by Race, Alaska

|                           | 20 | 02              | 20 | 003             | 20 | 04              | 20 | 005             | 20 | 006             | 20 | 007             | 20 | 008             | 20 | 009             | 20 | )10             | 20 | 011            |
|---------------------------|----|-----------------|----|-----------------|----|-----------------|----|-----------------|----|-----------------|----|-----------------|----|-----------------|----|-----------------|----|-----------------|----|----------------|
| Race                      |    | Cases /<br>Rate |    | Cases /<br>Rate | (  | Cases /<br>Rate | (  | Cases /<br>Rate |    | Cases /<br>Rate |    | Cases /<br>Rate |    | Cases /<br>Rate |    | Cases /<br>Rate | (  | Cases /<br>Rate |    | Cases/<br>Rate |
| White                     | 7  | 1.5             | 4  | 0.8             | 3  | 0.6             | 8  | 1.7             | 6  | 1.2             | 9  | 1.8             | 5  | 1.0             | 2  | 0.4             | 5  | 1.2             | 7  | 1.5            |
| Black                     | 1  | 3.7             | 0  | 0.0             | 2  | 7.8             | 1  | 3.4             | 2  | 6.7             | 1  | 3.3             | 2  | 6.6             | 1  | 3.2             | 2  | 6.5             | 1  | 4.3            |
| Native                    | 24 | 21.5            | 41 | 36.0            | 30 | 25.9            | 30 | 25.4            | 50 | 41.8            | 32 | 26.3            | 33 | 27.0            | 25 | 20.1            | 41 | 33.0            | 47 | 37.8           |
| Asian/Pacific<br>Islander | 17 | 49.3            | 12 | 34.8            | 8  | 23.0            | 20 | 54.3            | 12 | 32.2            | 8  | 21.3            | 10 | 26.3            | 9  | 23.3            | 9  | 23.3            | 12 | 31.5           |
| Total                     | 49 | 7.6             | 57 | 8.8             | 43 | 6.5             | 59 | 8.9             | 70 | 10.4            | 50 | 7.4             | 50 | 7.3             | 37 | 5.3             | 57 | 8.0             | 67 | 9.3            |

#### TB Cases, by Race, Alaska, 2001-2010

Alaska TB Cases N=539 All Alaska Residents N=710,231

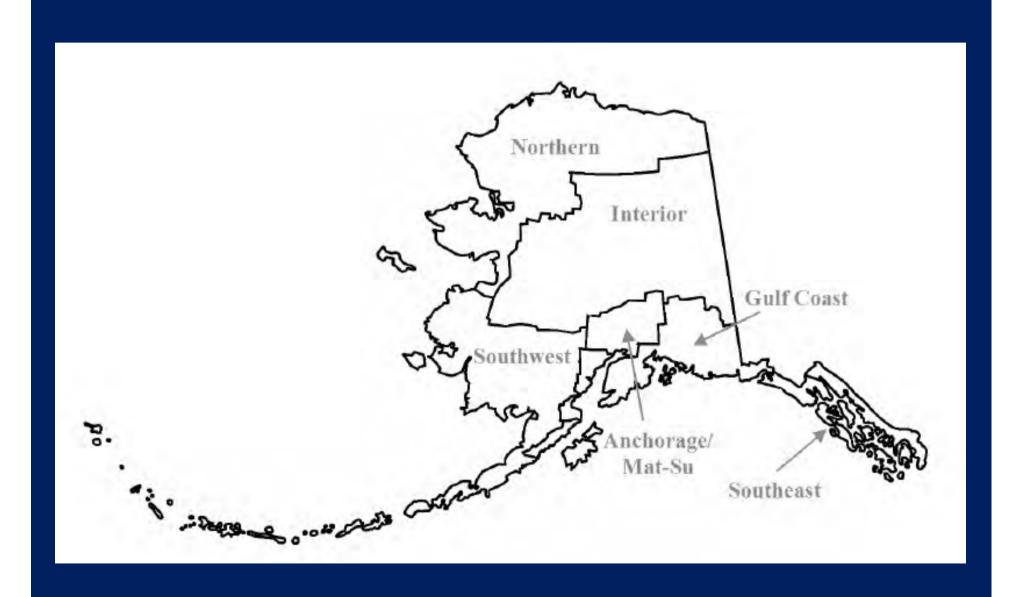




#### TB Cases, by Sex, Alaska



### **TB Rates by Region**



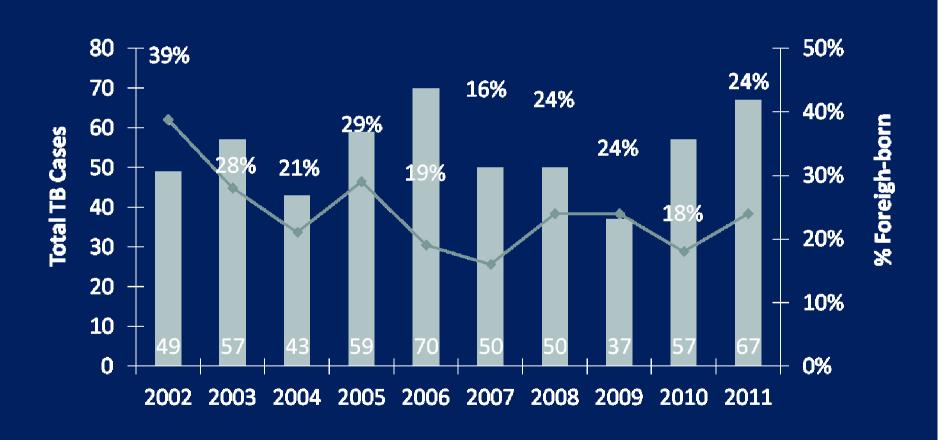
### **TB Rates by Region**

| Region               | 2006<br>(cases/100,000) | 2007<br>(cases/100,000) | 2008<br>(cases/100,000 | <b>2009</b> (cases/100,000) | 2010<br>(cases/100,000) | <b>2011</b><br>(cases/100,000) |
|----------------------|-------------------------|-------------------------|------------------------|-----------------------------|-------------------------|--------------------------------|
| Anchorage/Mat-<br>Su | 41 (11.4)               | 27 ( 7.4)               | 19 ( 5.2)              | 12 ( 3.2)                   | 18 ( 4.8)               | 29 ( 7.5)                      |
| Gulf                 | 4 ( 5.4)                | 1 ( 1.3)                | 2 ( 2.6)               | 1 ( 1.3)                    | 0 ( 0.0)                | 5 ( 6.2)                       |
| Interior             | 4 ( 3.9)                | 4 ( 3.8)                | 4 ( 3.8)               | 4 ( 3.7)                    | 11 (10.1)               | 4 ( 3.6)                       |
| Northern             | 7 (29.6)                | 7 (29.6)                | 6 (25.4)               | 5 (21.1)                    | 11 (46.5)               | 8 (29.7)                       |
| Southeast            | 4 ( 5.7)                | 2 ( 2.9)                | 3 ( 4.3)               | 2 ( 2.9)                    | 2 ( 2.9)                | 1 ( 1.4)                       |
| Southwest            | 10 (25.3)               | 9 (23.0)                | 17 (43.5)              | 13 (33.1)                   | 15 (38.2)               | 20 (48.1)                      |
| STATE TOTAL          | 70 (10.4)               | 50 (7.4)                | 50 (7.4)               | 37 ( 5.3)                   | 57 ( 8/0)               | 67 ( 9.3)                      |

### **TB Rates by Region**

| Region               | 2006<br>(cases/100,000) | <b>2007</b> (cases/100,000) | 2008<br>(cases/100,000 | <b>2009</b> (cases/100,000) | <b>2010</b> (cases/100,000) | <b>2011</b><br>(cases/100,000) |
|----------------------|-------------------------|-----------------------------|------------------------|-----------------------------|-----------------------------|--------------------------------|
| Anchorage/Mat-<br>Su | 41 (11.4)               | 27 ( 7.4)                   | 19 ( 5.2)              | 12 ( 3.2)                   | 18 ( 4.8)                   | 29 ( 7.5)                      |
| Gulf                 | 4 ( 5.4)                | 1 ( 1.3)                    | 2 ( 2.6)               | 1 ( 1.3)                    | 0 ( 0.0)                    | 5 ( 6.2)                       |
| Interior             | 4 ( 3.9)                | 4 ( 3.8)                    | 4 ( 3.8)               | 4 ( 3.7)                    | 11 (10.1)                   | 4 ( 3.6)                       |
| Northern             | 7 (29.6)                | 7 (29.6)                    | 6 (25.4)               | 5 (21.1)                    | 11 (46.5)                   | 8 (29.7)                       |
| Southeast            | 4 ( 5.7)                | 2 ( 2.9)                    | 3 ( 4.3)               | 2 ( 2.9)                    | 2 ( 2.9)                    | 1 ( 1.4)                       |
| Southwest            | 10 (25.3)               | 9 (23.0)                    | 17 (43.5)              | 13 (33.1)                   | 15 (38.2)                   | 20 (48.1)                      |
| STATE TOTAL          | 70 (10.4)               | 50 (7.4)                    | 50 (7.4)               | 37 ( 5.3)                   | 57 ( 8/0)                   | 67 ( 9.3)                      |

## Active TB Cases – Foreign Born, Alaska, 2002-2011



#TB Cases

→ % Foreign-born

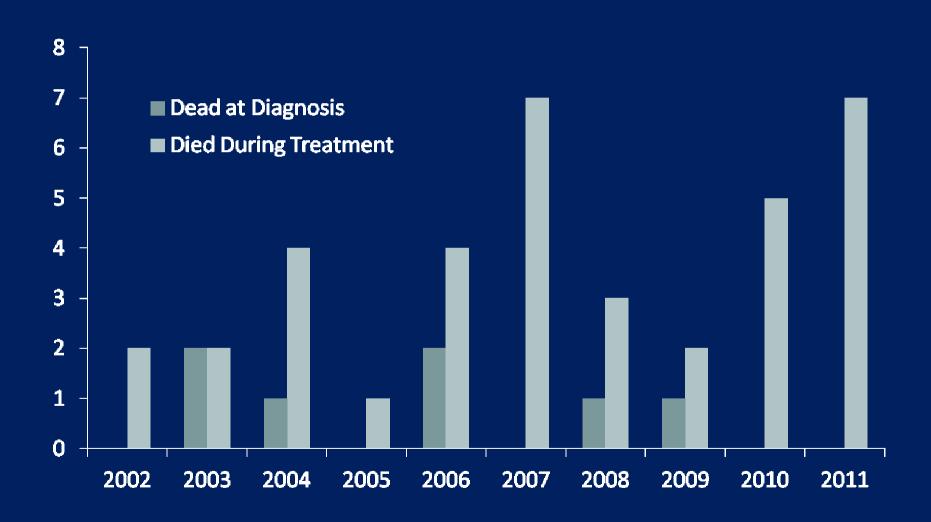
## Foreign Born Cases, Country of Origin, Alaska, 2002-2011

|                                    | Country of Origin  | TB Cases (%) |
|------------------------------------|--------------------|--------------|
|                                    | Philippines        | 77 ( 60%)    |
|                                    | Korea, Republic of | 8(6%)        |
|                                    | Vietnam            | 3 ( 2%)      |
|                                    | Laos               | 10 ( 8%)     |
| Asian and Pacific Island Countries | China              | 2 ( 2%)      |
|                                    | Thailand           | 4(3%)        |
|                                    | Indonesia          | 2 ( 2%)      |
|                                    | Nepal              | 2 ( 2%)      |
| Latin American Countries           | Mexico             | 6 ( 5%)      |

#### Extra-pulmonary TB, Alaska

| Site                     | 2002 | 2003 | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | Total |
|--------------------------|------|------|------|------|------|------|------|------|------|------|-------|
| Lymphatic: cervical      | 2    |      | 3    | 2    | 3    | 2    | 2    | 1    | 3    | 1    | 18    |
| Genitourinary            | 2    |      |      | 2    |      |      |      | 1    | 1    |      | 6     |
| Pleural                  |      |      | 1    |      | 2    | 1    | 1    |      |      | 1    | 6     |
| Lymphatic: intrathoracic |      |      | 1    | 1    |      |      |      | 1    |      |      | 3     |
| Bone/Joint               | 1    |      |      |      |      | 1    |      |      | 1    | 1    | 4     |
| Pericardium              |      | 1    |      | 1    |      |      |      |      | 1    |      | 3     |
| Miliary                  | 1    |      | 1    |      |      |      |      |      |      |      | 2     |
| Meningeal                |      | 1    |      |      |      |      |      | 1    |      | 1    | 3     |
| Other                    |      |      |      |      |      |      | 1    |      | 1    | 1    | 3     |
| Lymphatic: other         | 1    |      |      |      |      |      |      |      |      |      | 1     |
| Ear & mastoid cells      |      |      |      |      |      |      |      | 1    |      |      | 1     |
| Eye and Ear              |      |      |      |      |      |      | 1    |      |      |      | 1     |
| Peritoneal               |      |      |      |      |      |      |      |      |      | 1    | 1     |
| Thyroid/parathyroid      |      |      |      |      |      |      |      |      |      |      | 0     |
| Subcutaneous tissue      |      |      |      |      | 1    |      |      |      |      |      | 1     |
| Skin/skin appendages     |      | 1    |      |      |      |      |      |      |      |      | 1     |
| Total for year           | 7    | 3    | 6    | 6    | 6    | 4    | 5    | 5    | 7    | 6    | 55    |

#### TB Mortality, Alaska, 2002-2011



## Drug Resistance and Co-infection with HIV

|  | 2002 | 2003 | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 |
|--|------|------|------|------|------|------|------|------|------|------|
| No. with isoniazid-resistant<br>TB               | 3    | 2    | 2    | 2    | 2    | 0    | 1    | 0    | 1    | 7    |
| No. with multiple drug<br>resistant TB (MDR-TB)* | 0    | 1    | 0    | 0    | 1    | 0    | 0    | 0    | 1    | 4    |

<sup>\*</sup> MDR-TB indicates resistance to both isoniazid and rifampin.

| No. offered HIV testing (% of total) | 31 (63%) | 41 (72%) | 33 (77%) | 46 (78%) | 52 (74%) | 39 (78%) | 38 (76%) | 30 (81%) | 37 (65%) <sup>†</sup> | 58 (87%) |
|--------------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|-----------------------|----------|
| No. TB cases infected with<br>HIV    | 0        | 1        | 2        | 0        | 1        | 1        | 1        | 1        | 1                     | 1        |

#### Conclusions

- TB still a major problem in Alaska
  - Highest rate in the United States
- Limited progress over past 15 years
- Alaska Natives and Asian/PI have greatest burden
- Large pool of latent disease, geography and health infrastructure important challenges

## Thank you!

